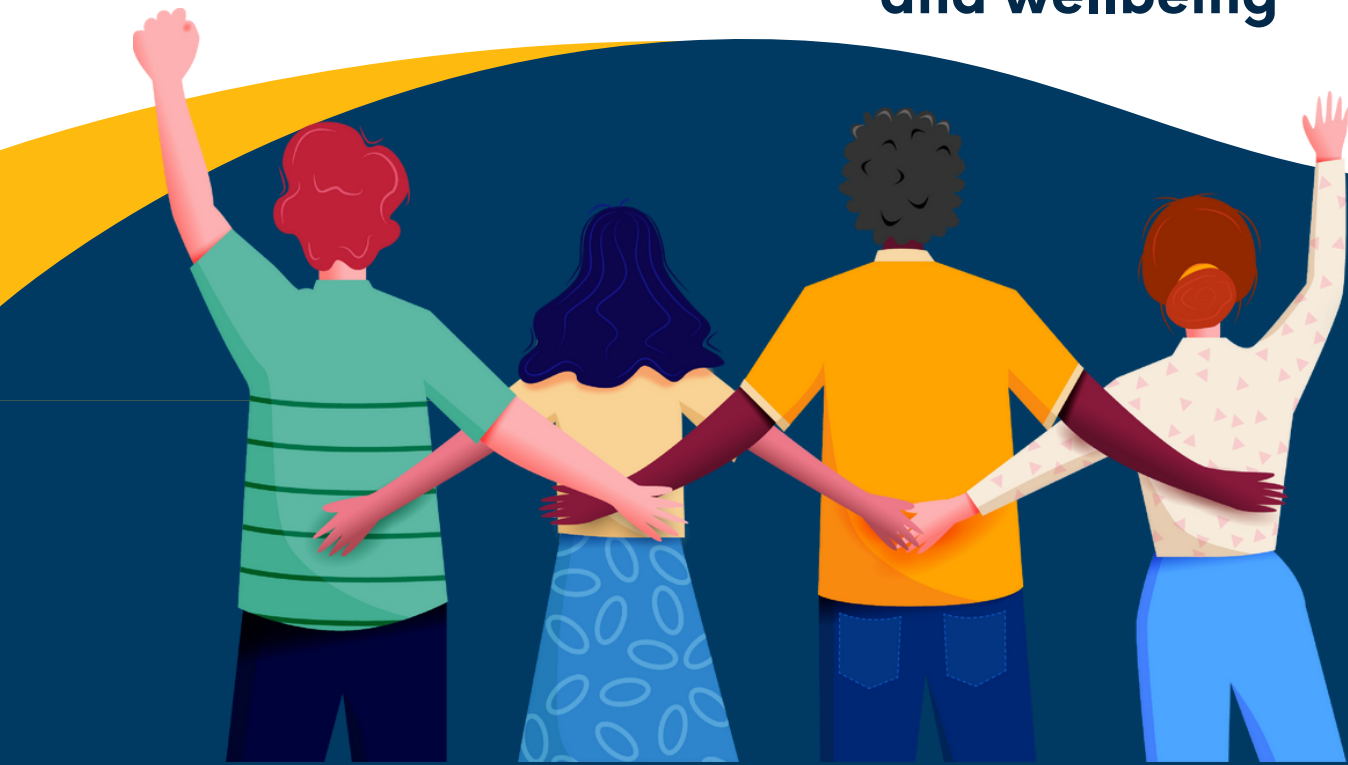


DID YOU KNOW?



Within Dawlish and Teignmouth there is a variety of support within the community that could help improve your health and wellbeing



Living and feeling better can start with a simple step

CONTACT US



www.coastalnetwork.nhs.uk



healthconnections.dawlishandteignmouth@nhs.net



SCAN ME 

Health Connections

Health Connections Dawlish & Teignmouth is provided by your Coastal PCN to improve your health and wellbeing

What is provided?

Health Connections Dawlish and Teignmouth provides health and wellbeing support for the communities across Dawlish and Teignmouth by promoting local health and wellbeing resource via facilitating training, sharing information and offering health and wellbeing support.

→ Training

Our Community Connectors training session is all about the power of communities to support each other and spread information. The more that we are all empowered with knowledge and skills, the more we can all help each other as a community. This is a simple one-hour online training session for anyone and everyone.

→ Information

Within Dawlish and Teignmouth there is a variety of support within the community that could help improve your health and wellbeing. You can find lots of local support from charities to social groups in the Health Connections Dawlish and Teignmouth Directory.

→ Support for you

Our Wellbeing Practitioners support people to make positive change to improve their health and wellbeing. They have the time to listen to your health story and help you to build connections with the services that can help you the most.

This service is free of charge and is offered to patients that are registered at one of the Coastal PCN practices.